



Nautical Knowhow

Basic Knots for Rowing Program

The first link below connects to a 32 minute video including a short slide show and introductory material about ropes and knots followed by a hands-on demonstration of 4 knots: **Bowline, Clove Hitch, Taut Line Hitch and Cleat Hitch** along with directions on how to use each. There is also a demonstration on how to **whip the end of a rope**, a procedure which prevents the rope from unraveling / fraying. Further down on the page are links to 4 very short videos (about 1 minute each) which show the same knots. Between the videos, you should be able to tie and use the knots in practice.

But first a corny joke and the only one I know that features a knot:

A rope walks into a bar, sits down and asks for a drink. The bar tender says "hey, are you a piece of string? Because we don't serve your kind here." And the rope says, "no, I'm a frayed knot".

Knot tying and Ropes:

https://www.hulllifesavingmuseum.org/zoom_4.mp4

Bowline

<https://www.youtube.com/watch?v=Q9NqGd7464U>

Clove Hitch

<https://www.youtube.com/watch?v=G9WyrzNjJs>

Taut Line Hitch

<https://www.youtube.com/watch?v=rPi6qEZtnsk>

Cleat Hitch

<https://www.animatedknots.com/cleat-hitch-halyard-knot>